

SMOKE-FREE POLICY FAQ'S

Why is UCF going smoke free?

UCF is committed to providing a healthy working and learning environment. This initiative was started because scientific evidence links smoking and second-hand smoke to cancer and other diseases.

Who will be affected?

We are asking everyone – employees, students, family members, visitors, volunteers, performers, contractors, subcontractors and vendors – to support our initiative and not smoke on campus beginning this fall.

Where does the smoke-free policy apply?

The smoke-free policy will apply to all UCF owned property. This includes all buildings, stairwells, patios, sidewalks, parking lots and garages, on-campus streets and driveways, boardwalks, on-campus bus stops and shelters, exterior open spaces and all vehicles in these areas. Furthermore, smoking is prohibited in all university owned vehicles at all times.

Will there be any smoking areas designated to use?

No. Offering smoking areas does not support our goal to create a healthy environment.

Can I smoke in my car or truck while on campus?

No. The policy prohibits smoking in personal vehicles while on UCF's campus.

Are you requiring staff and faculty members to quit smoking?

No. We are only asking them to not smoke on campus.

What should I do if I see someone smoking on campus starting in the fall?

The smoke-free Campus initiative is designed to encourage behavioral change and healthy lifestyles, not to punish those who smoke. There will be no fines or other penalties for



those who do not comply. Anybody that is aware of someone smoking on campus is encouraged to politely explain the UCF policy and ask the smoker to comply. We expect employees and students to be ambassadors for the initiative and model health-promoting behaviors.

What are the rights of smokers?

There is no legal right to smoke under either state or federal law. Prohibiting smoking on campus provides access to clean, smoke-free air while allowing adults who smoke to continue to do so off-campus. This decision supports the rights and privileges of both smokers and non-smokers alike.

Are there any other educational institutions that have gone smoke free?

Yes. There are about 640 campuses that are smoke free, according to the American Nonsmokers' Rights Foundation.

What if employees or students wish to stop smoking?

Counseling services, self-help materials and medicines are available to help smokers quit. Many of those resources are free to staff and faculty members and students. Here are some cessation resources:

Campus Resources:

- Wellness & Health Promotion Services have trained QUITSMART facilitators to assist students individually or in groups through a step down program. 407-823-0879
- UCF Health Services offers prescription medication (under the supervision of a health care provider) such as Zyban and Chantix. The UCF Pharmacy stocks low-cost nicotine replacement therapy (NRT) for over the counter purchase. 407-823-2701

Community Resources:

- Florida Department of Health/Tobacco Free Florida offers proactive coaching sessions, self-help materials and free NRT's (limited time): 1-877-U-CAN-NOW www.quitnow.net/florida
- Florida Area Health Education Centers (AHEC) offers the Quit Smoking Now program which includes both facilitated support group sessions and free NRT's (limited time): 1-87-Quit-Now-6 www.ahectobacco.com